

Findlay St. Michael Track Meet

Sunday May 2, 2010

1:00 PM

Donnell Stadium, Findlay, OH

\$2.00 per participant

3 events per participant

Spectator Admission fees: \$2.00 adult, \$1.00 child, \$5.00 family

Registration 11:30 - 12:15

(Team roster required, forms available on the CYO website)

Coaches meeting at 12:15

Events begin at 1:00 pm

Running Events:

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| 1. Cadet Girls 100 M Dash | 17. Junior Girls 100 M Dash |
| 2. Cadet Boys 100 M Dash | 18. Junior Boys 100 M Dash |
| 3. Cadet Girls 1600 M Run | 19. Junior Girls 1600 M Run |
| 4. Cadet Boys 1600 M Run | 20. Junior Boys 1600 M Run |
| 5. Cadet Girls 400 M Relay (4 x 100) | 21. Junior Girls 400 M Relay (4 x 100) |
| 6. Cadet Boys 400 M Relay (4 x 100) | 22. Junior Boys 400 M Relay (4 x 100) |
| 7. Cadet Girls 400 M Dash | 23. Junior Girls 400 M Dash |
| 8. Cadet Boys 400 M Dash | 24. Junior Boys 400 M Dash |
| 9. Cadet Girls 800 M Relay (4 x 200) | 25. Junior Girls 800 M Relay (4 x 200) |
| 10. Cadet Boys 800 M Relay (4 x 200) | 26. Junior Boys 800 M Relay (4 x 200) |
| 11. Cadet Girls 800 M Run | 27. Junior Girls 800 M Run |
| 12. Cadet Boys 800 M Run | 28. Junior Boys 800 M Run |
| 13. Cadet Girls 200 M Dash | 29. Junior Girls 200 M Dash |
| 14. Cadet Boys 200 M Dash | 30. Junior Boys 200 M Dash |
| 15. Cadet Girls 800 M Medley Relay (100, 100, 200, 400) | 31. Junior Girls 1600 M Relay (4 x 400) |
| 16. Cadet Boys 800 M Medley Relay (100, 100, 200, 400) | 32. Junior Boys 1600 M Relay (4 x 400) |

Short Break

**Junior Field Events will be held during Cadet Running and vice versa.
Spikes allowed for Junior (7th & 8th) competitors only.**

Field Events: *(order to be determined)*

Long Jump

High Jump

Shot Put

Discus

For directions or more info contact: Ed Lewis 419-423-2738 ELewis@SMS.NOACSC.ORG

Gary Holland 419-477-5147 ag holland@netscape.com

Jenny Haas 419-425-2052 Royjen81394@aol.com