

# 2009 St. Patrick Of Heatherdowns Track and Field Meet

**Saturday, May 2<sup>nd</sup> @ 10:00 am @ Maumee High School**

Cost: \$4.00 per participant

Limit of (3) events per participant

Limit of (3) participants per age/gender group for the long jump,  
(3) Per age/gender group for the high jump and (5) per age/gender  
group for the shot and discus.

## Schedule of Events

9:15 am - Registration

9:45 am - Coaches Meeting

10:00 am - Prelims for 100m / First call for field events

<u>Discus</u>	<u>Shot Put</u>	<u>Long Jump</u>	<u>High Jump</u>
Jr Boys	Jr Girls	Cadet Boys	Cadet Girls
Cadet Boys	Cadet Girls	Jr Boys	Jr Girls
Jr Girls	Jr Boys	Cadet Girls	Cadet Boys
Cadet Girls	Cadet Boys	Jr Girls	Jr Boys

\*\* Running events order: Cadet girls, Cadet boys, Jr girls, Jr boys\*\*

11:00 AM - 1600 m Run

100 m Dash Final

400 m Run

4 x 100 m Relay

800 m Run

Cadet Medley Relay

Jr 4 x 400 Relay

\*\*Ribbons presented for places 1 – 6

\*\*Please submit a copy of your **full roster** by gender and age group by **Friday April 24<sup>th</sup>**. You do not need to designate who will participate in which events until the day of the meet.

\*\*Any questions call Tim DeFrain @ 419 705-9276 or e-mail at [summer-fall-cc@milk.toast.net](mailto:summer-fall-cc@milk.toast.net)